



Take Control
of Your Health

Intro to Essential Oils Class

With Cheri Koons, RN, BSN, LMT

What are Essential Oils? Learn effective ways of using Certified Pure Therapeutic grade essential oils to safeguard you & your family's health. Special emphasis on Immune System Support to safely help promote your health & well-being.

When: **Tuesday, January 29th from 6:00 pm to 7:00 pm**

Where: The Family Wellness Center

1000 Briarsdale Road Harrisburg, PA

Fee: **\$10 for Class and handouts**

FREE Chair Massage from 5:30 pm-6:00 pm prior to Class



Learn the difference between pure essential oils versus synthetics.

Learn how & why to use EOs, and how they compliment work with the body, mind, and spirit.



Please Register in Advance

Call 717-558-8500 ext. 5 to

Reserve your spot Today!

Register by 1/25/19



**Experience the power
of Pure Essential Oils.**