

Holiday Massage Specials

Available to Purchase Black Friday

Get a \$30 Gift Certificate FREE!
When you purchase one of our Holiday Massages



2 Days Only!

Black Friday & Small Business Saturday



Peppermint Bark Bliss



This seasonal favorite is dripping with a twist of sweet relaxation. Dip your toes into a warm bubbling bath, as our Peppermint soak softens and soothes your skin. After a moisturizing sweet cream-scented sea salt scrub, your tootsies will be coated in a luxurious layer of chocolaty goodness, full of vitamins and enzymes that will pamper and protect your feet. Or choose a peppermint Chocolate Facial

mask. A 75 minute deeply relaxing full body massage with peppermint shea butter will leave you feeling fresh and invigorated. Your massage makes for a flawless finish to this holiday candy concoction. You'll jingle all the way home! **90 minutes. Price \$130**

Banana Foster Mousse Massage



In the midst of winter, you will be reminded of eternal Spring in this back to youthfulness body treatment. This massage is quintessential for winter worn skin just looking for a touch of soft and a dash of youth. We begin with a steaming compress of vitamin E, coconut oil and the mouthwatering scent of a bananas foster dessert – without the calories, of course. This kneading begins with a feathery body mousse massage. The scent sweeps over your room with warm notes of oats and milk, while peptide-

enriched emollient oils help to plump, glow and erase the look of fine lines. **Option:** Choose a full infusion 90-minute massage or opt for a combination of reflexology and massage.

90 Minutes. Price \$130



Magical Marshmallow Melt



Relax as your senses are enchanted and your feet are restored with a soothing sweet cream milk soak, followed by an awakening of your spirit with a whipped Shea sugar scrub infused with caffeine and Arabica bean extract to invigorate and exfoliate. Smooth out the spell with the magic of a melted Shea butter drizzle and Marshmallow Shea butter massage that will leave you glimmering and glowing for hours. **90 Minutes. Price \$130**

Comfort & Joy



Winter Warm Up Hot Stone Massage



Winter
WARMUP

When it's frosty outside enjoy this *Brrrrr*iliently warming escape. A Butter Brulee whole milk soak linen wrap envelopes your body in a cocoon of warmth, hydrating your parched winter skin. After this toasty beginning, enjoy a long spicy, warm cinnamon massage with antioxidant-rich olive fruit and grapeseed oils that will bring a glistening glow to your holidays. Finish this treatment with a dollop of softness from our back country caramel body lotion. **90 minutes. Price \$130**

Sweet Chiffon Sugar Plum Massage & Wrap

MARSHMALLOW
Memosa



The mood is Holiday bubbly splendor. We call this Celebrate me, myself and I time by dipping into a sparkling champagne foot soak. Visions of buttery sugar plums dance in your head, as a rum bubbler exfoliator wipes out dead, wintry skin. Next Marshmallow & Plum chiffon Shea butter melts together with uplifting fruity notes and is massaged into skin for a full body massage leaving a rich, dewy glow that lasts for hours.

90 minutes. Price \$130

Cranberry Sweet Cream Infusion Treat



CRANBERRY
orange tea
immersion

Best enjoyed with crumpets, my lady! Sink into this deliciously aromatic and soothing treatment as a cranberry and orange shea butter infusion relaxes tired muscles. Next, a whipped shea sugar Sweet Tea Body Polish clears away dead skin cells as it hydrates and nourishes. An organic honey and coconut oil glaze delights skin to perfect finish! Includes a cranberry foot soak. **90-minutes. Price \$130**

Contact us at 558-8500 for more information!
www.TheFamilyWellnessCenter.com



Savor
THE
Season

Tis the Season

Give the Gift of Relaxation



Or Treat yourself or a friend to one of our amazing packages any time of year!

For each Gift Certificates you purchase - Get a \$30 Gift Certificate **FREE** **Black Friday & Small Business Saturday Only**



Turquoise Sage Detox Massage & Body Wrap

90 minutes each, 3 Massage Package

Tiffany Weese, LMT

Prepare for Transformational Healing

Indigenous healing herbs are combined with Eastern massage techniques to open the flow of energy in the body, releasing blocks of energy where pain and discomfort are built up. **This body wrap focuses on detoxifying the body using dry brush exfoliation to circulate blood and lymph flow.** An organic herbal poultice compression containing healing herbs is used to draw out toxins. A comforting massage is given with Turquoise and Sage body lotion, in combination with the essential oils of sage, lavender, chamomile, and green tea. While in a deeply relaxing cocoon wrap, enjoy a mini facial exfoliation and moisturizer for a perfect conclusion to this amazing treatment.



Orthopedic Massage & Integrative Body Work

90 minutes each, 3 Treatment Package

Cheri Koons, RN, BSN, LMT, RM/T

Prepare for Transformational Change

Orthopedic Massage and Integrative Bodywork uses current scientific research combined with techniques designed to address various pain conditions and structural imbalances. **Orthopedic Massage Therapy is a multidisciplinary approach to relieving muscular and soft tissue pain, dysfunction, and injuries.**

It is also utilized to help clients regain and improve their health and fitness level. It is not only beneficial for professional athletes and “everyday athletes;” but also for those with injuries or those who are seeking greater mobility and range of motion. Ongoing clinical assessment and treatment is an on-going part of this unique modality. Clients are dressed in sports attire; while individualized techniques are designed to ensure minimal to no pain. Orthopedic massage identifies and addresses root cause of issues.



Falalalalala . . . Treat Yourself to Our

12 Months of Spa!

Experience Bliss all Year & Save \$450



Enjoy 12
Seasonal Massages
& Body Treatments



**Put Yourself on Your Own
Calendar!**

Each month you will experience 90 minutes of Seasonal Bliss! From our Heavenly Holiday Meltdown or Chocolate Fig Fondant Massage to our Pumpkin Chai Massage & Body Wrap or Tropical Bamboo Hot Stone Massage- *Your body will thank you!*

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Purchase our popular 12 Month Package & it's like getting nearly four, 90 Minute Body Treatments...

FREE!!!

12 Month Package Price is \$1,110 (\$92.50 per massage) Normally \$130 each or Purchase the monthly plan price for \$105 per

For every Season, there is a perfect Massage

www.TheFamilyWellnessCenter.com
717 558-8500 ext. 3

