

12 Months of Spa

SAVE \$450

When You Purchase
The 12 Months of Spa

*It's like getting more than three, 90min
Body Treatments FREE!*

January – Black Forest Chocolate Bourbon Escape

When you are ready to give in to temptation we will make sure it is healthy. This dreamy trip to the dark side begins with a thick butter brulee whole milk soak. Next, you'll be painted in a warm dark chocolate mask that's loaded with nourishing vitamins and CoQ10 - a powerful antioxidant. Next, feet and legs are smoothed with a rich gingersnap-pecan brown sugar scrub infused with Kentucky whiskey. A final, Whoopie! Cream whipped Shea butter massage and you'll come out of this black forest with a new lease on the day!

February – My Raspberry, Marshmallow & Bubbly Valentine

Everything sweet your soles are searching for! Begin with a bubbly, cleansing soak that leaves you feeling as though you are prancing barefoot through plush cotton candy clouds. Then, a crisp exfoliation with organic vodka, raspberry extract, sugar and rice bran oil will put a new kick in your step. Finish your journey on cloud 9 as a creamy, dreamy shea butter whip massage smooths and gently hydrates your skin.

March – Stix & Stones Bamboo Retreat

This new and innovative style of massage therapy and body work is based on ancient principles. This massage gives you the deepest pressure possible to remove knots and tension using Bamboo rods combined with basalt stones. Unlike anything you have experienced. No discomfort and it will lift your spirits. You will be comforted by the scent and warmth of the ocean. Who needs a cruise? Experience the ultimate in unified body and mind.

April– Eucalyptus Herbal Relief Massage Treatment

Enjoy the most peaceful state of deep relaxation with an all-natural approach to support relief from sinus pressure, headaches, migraines and respiratory conditions. Warm eucalyptus heat packs hug your neck and back reducing inflammation and easing stress. Breathe in the scent of this healing herb as you receive a 75 minute therapeutic massage. Soothing eucalyptus eye covers, ease away tension. This treatment concludes with a Sinus relief facial massage. Relax, breathe deep and feel alive again...

May- Orange Blossom Honey Yogurt Wrap

Let your mind unwind as our Nectar Milk Bath Soak drifts you into complete relaxation. The sweet, sensual Whipped Honey sea salt scrub will leave your skin feeling fresh as flowers. The finest of moisturizing elements have been incorporated from genuine honey, and aloe leaf juice to pineapple and papaya fruit extracts. Prepare for a gloriously fragrant finish with instantly soothing and antioxidant-rich Pure Fiji Orange Blossom exotic nut extracts blended with fresh coconut milk to rapidly hydrate, nourish and protect your skin. While soaking up the benefits in this body wrap, you may be tempted to taste the Pajama Paste facial mask, a succulent yogurt, honey and oat mask that will quench your skin's deepest thirst.

June – Avocado Sweet Cream Smoothie Massage & Mask

There's a reason our refreshing avocado facial mask is called "Guac Star." This rich avocado butter mask infuses skin with fatty acids, moisture-locking ingredients and skin-feeding super antioxidants – green tea, goji fruit and pomegranate. You will love your Sweet Cream Body Milk Massage too; a delicate moisturizing body lotion that pours over you like milk, and leaves light velvety notes of warm sweet cream to savor the embrace of summer.

July – Sweet Tea Summer Surrender

Escape to your own tropical getaway with a mineral bath of green tea leaves, Epsom & Himalayan sea salts for seriously soothing foot detox rejuvenation, before a Sweet Tea scrub sloughs away unsightly callouses and imbues your skin with moisturizing vitamins and antioxidants. Top it off with your choice of a Pure Fiji full-body massage, with deeply moisturizing Starfruit, Coconut or Pineapple Body Lotion! Skip your feet and opt for a coconut oil scalp treatment to deeply nourish and condition your hair.

August – Sea Dreamer Island Elixir Retreat

Break away from the day and escape into a creamy coconut milk bath soak. Calming and rejuvenating, your relaxed skin is exfoliated thoroughly with a shea butter sugar scrub, followed by an application of rich and creamy coconut and pineapple shea butter. It will hydrate even the driest and flakiest of skin for hours, and with notes of white coconut and pineapple, will leave you dreaming of ocean waves and freshly squeezed drinks.

September- Lavender Hibiscus Getaway

Relax, breathe deep and feel alive again! This lavender treatment includes a Lavender Hibiscus foot soak and Honey Lavender scrub, followed by a lavender shea butter foot wrap, along with warm Lavender body oil to de-stress, re-store and rejuvenate. Sink into warm lavender neck and body heat packs while you are drenched in warm lavender body oil for a deeply relaxing full body massage.

October– Turquoise Sage Body Massage and Wrap

Indigenous healing herbs of the Southwest are combined with Eastern massage techniques to open the flow of energy in the body, releasing blocks of energy where pain and discomfort are built up. Dry brush exfoliation and herbal compression balls are combined with a comforting massage, cocoon wrap and mini facial. This is truly an amazing treatment.

November – Red Hot Holiday Stone Massage

"Stone Therapy Massage" uses the application of heated stones and calming essential oils to achieve a deep penetrating massage. Sink into pure bliss, enveloped in the warming fragrance of spiced neck and back rolls to soothe those tired muscles. Your sweet cinnamon massage uses "Red Hot" sparkling body oil and hot stones to achieve bliss.

December – Marshmallow MEMosa Time

Celebrate me, myself and I time by dipping into a sparkling champagne soak. Visions of buttery rum plums dance in your head, as a golden brown sugar and premium aged rum exfoliator wipes out dead, wintery skin. Newly smoothed, you're treated to a warm shea and cocoa butter application -- fragranced with the scent of warm billowy marshmallows -- and a massage that leaves you forgetting, for the time being, that winter has just begun.

Call Today 558-8500

***\$92.50 each (x 12 treatments) Normally \$130 each
Package Price \$1110 or New monthly plan of \$105 a month!***

www.TheFamilyWellnessCenter.com

