

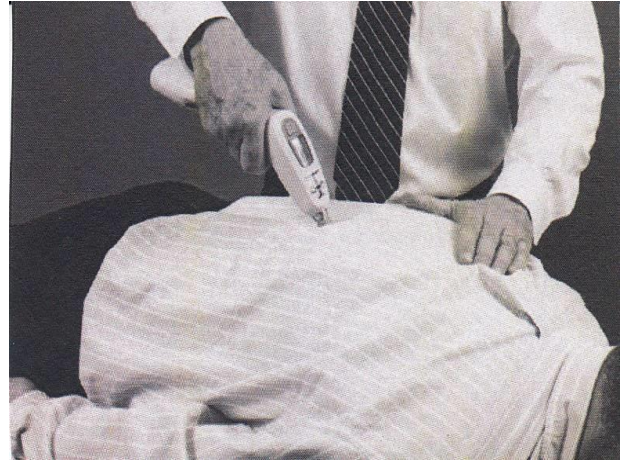
Consent to Care & What to Expect

(Please read carefully)

As a Doctor of Chiropractic, Dr. Handy offers different care than medical doctors, massage & physical therapists. Chiropractic is a unique practice founded on the same basic sciences as medicine but with a different philosophical & practical intent. Chiropractors do not diagnose or treat diseases.

Keep in mind your body is innately self-healing & your nervous system is the master system coordinating & balancing all the functions in your body. Chronic or acute overload of mental, chemical & physical stresses cause functional imbalances. Imbalance function in your head, neck & back (subluxation) adversely affects your brain/body communication through your nervous system hindering body functions including healing.

Dr. Handy's assessment will be focused on biomechanical imbalances in your spinal column as well as other joints. His intent will be to relieve the imbalance with specific adjustments alleviating stress on your nervous system allowing optimal functions. This provides a reasonable probability of relief from your symptoms, reducing impairments while arresting any progression.



Dr. Handy's care is methodical & gentle using the only assessment protocols & instrument adjusting technique (Activator Method®) backed by clinical trials. The adjusting instrument (the Activator) dispenses a controlled low energy wave into the joint. This wave reactivates the joint improving function & reducing nerve interference enabling your body to rebalance & heal. Multiple office visits regimens are employed so adjustments can be administered as necessary. Each adjustment builds on the last, so consistency is important. The cost of your care paid as you go is \$45. each visit or you may pre-pay \$175. for 5 visits (\$35. visit) saving \$10 / visit.

If or when you feel you've had enough care you can stop at any time. You will always be welcomed back to our office when you feel you need more care. Regular chiropractic care (monthly) corrects small imbalances before they set in & become worse. You may want to consider regular chiropractic checkups/adjustments.

It is Important to keep in mind chiropractic adjustments are not treating your symptoms; they are reducing biomechanical stress expressed in your joints & nervous system to optimize your body's ability to function, relieving your symptoms & heal. There are options at home & in other facilities (some effective/some not so effective) available for symptom treatment. Likely, you have tried many of these approaches already such as over-the-counter pain relieving & anti-inflammatory drugs, exercise, heat, cold, rest, medical care with prescription drugs (muscle relaxers, stronger anti-inflammatory & pain relieving drugs) massage, bracing, injections & surgery.

It is important you understand, as with all health care approaches, results are not guaranteed & there is no promise to cure.

Lastly, you have the right to a second opinion & to secure other options about your circumstances & health care as you see fit.

I have read the above. I appreciate that it is not possible to consider every possible complication to care.

I intend this consent to cover the entire course of care from Dr. Handy for my present condition & for any future condition(s) for which I seek chiropractic care from Dr. Handy.

Signature: _____ Date: _____

Name: **First:** _____ **Last:** _____
 Date of Birth: _____ Appointment date: _____ Time: _____
 Home Phone: _____ Cell: _____
 Who referred you, or how did you find us? _____
 Address: _____ Apt # _____
 City: _____ State: _____ Zip: _____
 Email: _____
 Name of insurance: _____ Deductible: _____ Copay: _____
 Member ID #: _____ Group #: _____ Limits: _____
 Insured's name: _____ Date of birth: _____
 Sex: M F Age: _____ Height? _____ ' _____ " Weight? _____ Lbs. Status? S W D M # Children? _____

- M99.00
- Ethmoid
- Frontal
- L Sphenoid R
- L Parietal R
- L Temporal R
- Occiput
- M99.01
- C-1
- 2
- 3
- 4
- 5
- 6
- 7

(S) What are your concerns? _____

When was your last visit to a chiropractor? Never Been _____

Mental, chemical & physical stresses in your life cause imbalances in your body & nervous system & are expressed with symptoms.

- Mental Stresses:** Do you feel? Overwhelmed Depression Worry Anxiety Anger Work drama
 Family drama Under chronic deadlines Drama in relationships Severe Loss
 A victim of chronic sickness & old injuries Pessimistic/Poor attitude Suicidal

Your occupation? _____

What is the best part of your job? _____

Chemical Stresses: What do you take prescribed or over the counter medication for? I do not take anything.

- Blood Pressure Cholesterol Blood Thinner Heart Lungs Diabetes Bladder
 Inflammation Digestion Muscle Spasms Pain Infections Do you drink: Alcohol? Yes Sugary Drinks Yes

Other: _____

Do you: smoke cigarettes? Yes Vape Yes Work in a toxic environment? Yes

Do you use marijuana? Yes **Please inform if you used in past 48 hours because it will block my exam findings.**

Physical Stresses: Have you ever had Surgery Spinal Shoulder Knee Remove organs Joints replaced

Are you? A Couch Potato Overweight Using the same body position over & over at work or play

Have you had? Recent dental work A mild jar when you're not prepared

- A difficult birth Trip or Falls Auto crashes Work injuries Sports injuries Bad posture

What do you do for fun? _____

Rate your: **Health?** Poor Not so good. Good Excellent **Fitness?** Poor Not so good. Good Excellent

Do you have any issues or impairment with your: Eyes Ears Sinus Dizziness Allergies Heart Circulation

- Breathing Digestion Kidneys Bladder Headaches Numbness Seizures Blood Skin Hormones

- Menstrual Neck Back Shoulders Arms Hands Hips Legs Knees Feet Sleeping Feel in a fog

Do Not Mark or Write Below.

<u>Onset</u>	<u>Duration</u>	<u>Intensity</u>	<u>ADL Impairment</u>	<u>Concurrent Care</u>
Gradual Sudden	Short Chronic	Mild Mod. Severe	Mild Mod. Severe	None Meds Massage P.T.

(O) Today's Examination: I marked the involved areas I found misalignment, tenderness, articular joint play fixation & muscle tone asymmetry indicating subluxations. I confirmed these subluxations applying the Activator Method testing protocols.

If no areas are marked no indications of subluxations were found today.

(A) If subluxation were found specific chiropractic adjustments were dispensed with an Activator V instrument at the areas marked & post adjustment tests revealed improved neuroarticular functions.

99203 98940 98941 98943 97012

(P) Return: Daily - Weekly - Bi-weekly - Bi-Monthly - Monthly Self Determined Dr. Initials: _____ Today's Date: _____

- M99.06
- L Shoulder R
- L Elbow R
- L Scapula R
- L Wrist R
- L Hand R
- M99.02
- Rib Rib
- L T-1 R
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10
- 11
- 12
- M99.03
- L-1
- 2
- 3
- 4
- 5
- M99.04
- Sacrum
- M99.05
- L Ilium R
- L Pube R
- M99.07
- L Trochanter R
- L ITB Syn. R
- L Knee R
- L Ankle R
- L Foot R

P.D.: Left Right