

Breastfeeding Classes for 2019

Everything you need to know to ensure that you and your baby find SUCCESS with Breastfeeding



- This workshop is designed for expectant moms and dads, or parents of newborns
- Small group setting
- Information on what to expect in the first hour, week, and first few months of breastfeeding
- Educational videos, demos, and discussions
- Fun and informative!

“Dr. Tanya's Breastfeeding Class provided my wife and I all the necessary information and guidance for breastfeeding...but most importantly it gave me the confidence to help and encourage my wife throughout the journey of breastfeeding” proud dad

2019 Class Dates:

Tuesdays Jan 22 / Apr 23 / July 16 / Oct 22

All classes are 7-9pm



Space is limited so reserve your spot early!
Course Fee: \$30
Instructor: Dr. Tanya Chambers, BKin, DC, FICPA
Family Chiropractor, Prenatal Educator
& Breastfeeding Counselor