

## About the Patient

Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Gender: M F

Significant Other's Name: \_\_\_\_\_ Kid's Names and Ages: \_\_\_\_\_

Your Employer: \_\_\_\_\_ Type of Work: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_ Have you been to a chiropractor before: Y N

Emergency Contact: \_\_\_\_\_ Phone #: \_\_\_\_\_

Name of Medical Doctor(s) \_\_\_\_\_

- I authorize the doctor or his staff to render care as deemed appropriate for me and/or my child.
- I authorize the Cascade Chiropractic staff to request records from other providers as may be necessary.
- I understand I am responsible for all bills incurred in this office.
- I acknowledge that any insurance I may have is an agreement between the carrier and me and that I am responsible for the payment of any covered or non-covered services I receive.
- I authorize assignment of my insurance benefits (if applicable) directly to the provider.
- Person responsible for this account if other than the patient? \_\_\_\_\_
- I understand that all care is rendered at usual and customary fees.
- I may request a copy of the Privacy Policy and understand it describes how my personal health information is protected.
- To the best of my ability, the information I have supplied is complete and truthful. I have not misrepresented the presence, severity or cause of my health concern.

Patient/Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Reason for Seeking Care

**Presents Complaints**

1. \_\_\_\_\_ How long has this been an issue? \_\_\_\_\_

2. \_\_\_\_\_ How long has this been an issue? \_\_\_\_\_

3. \_\_\_\_\_ How long has this been an issue? \_\_\_\_\_

4. \_\_\_\_\_ How long has this been an issue? \_\_\_\_\_

5. Does your condition affect: (circle any that apply)    Sleep    Work    Daily Routine    Sitting Driving

Other: \_\_\_\_\_

6. What makes it better? \_\_\_\_\_

7. What make it worse? \_\_\_\_\_

8. What Doctors have you seen for this? \_\_\_\_\_

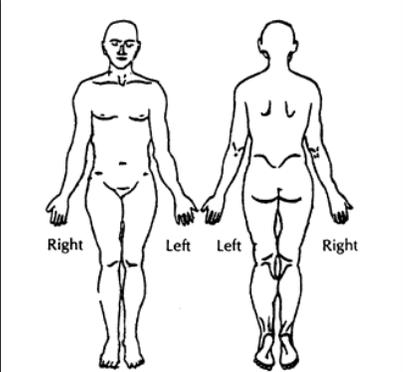
9. Type of treatment: \_\_\_\_\_

10. Results: \_\_\_\_\_

Notes: \_\_\_\_\_

Are you  
Pregnant?

Yes      No



Please mark all areas of concern

## General Health History

Patient Name \_\_\_\_\_ Mark the conditions that apply to you.

Past	Present		Past	Present	
0	0	Headaches	0	0	Urinary Problems
0	0	Migraines	0	0	Easy Bruising
0	0	Shortness of Breath	0	0	Tobacco Use
0	0	Allergies / Asthma	0	0	Dental Problems
0	0	Medication Side Effects	0	0	Fibromyalgia
0	0	Diabetes	0	0	Blood Thinner use
0	0	Hands or Feet cold	0	0	HIV Positive
0	0	Muscle aches	0	0	Cancer
0	0	Trouble Walking	0	0	Depression
0	0	Leg / Foot Numbness	0	0	Alcohol Use
0	0	Fainting	0	0	___High or ___Low Blood Pressure
0	0	Gall Bladder Trouble	0	0	Stroke History
0	0	Ringing in Ears	0	0	High Cholesterol
0	0	Ear Problems	0	0	TMJ
0	0	Sleeping Problems	0	0	Digestive Problems
0	0	Vision Problems	0	0	Pain all Over
0	0	Thyroid Problems	0	0	Tension / Irritability
0	0	Liver Disease	0	0	Chest Pains
0	0	Kidney Problems	0	0	Heart Pacemaker
0	0	Light Bothers Eyes	0	0	Heart Problems
0	0	Other _____			

- List any medications you are taking: \_\_\_\_\_
- Please list all doctors you are currently seeing: \_\_\_\_\_
- Has any Doctor or other professional advised you to "Go to a Chiropractor":  No  Yes, if yes Name \_\_\_\_\_

## Past History

- List any past auto collisions: \_\_\_\_\_ Was any care received? \_\_\_\_\_
- List any past work injuries: \_\_\_\_\_ Was any care received? \_\_\_\_\_
- List any past sport, recreational, or home injuries \_\_\_\_\_
- Please describe any past conditions and treatment received: \_\_\_\_\_  
\_\_\_\_\_
- Please list any past hospitalizations and surgeries: \_\_\_\_\_  
\_\_\_\_\_

## Family History

- Father's side:  Heart Disease  Cancer  Diabetes  Heavy Medication use  Arthritis  Other \_\_\_\_\_
- Mother's side:  Heart Disease  Cancer  Diabetes  Heavy Medication use  Arthritis  Other \_\_\_\_\_
- Is there any other family history you want us to know? \_\_\_\_\_

# Oswestry Disability Index

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

## Section 1 – Pain Intensity

- I have no pain at the moment.
- The pain is very mild at the moment.
- The pain is moderate at the moment.
- The pain is fairly severe at the moment.
- The pain is very severe at the moment.
- The pain is the worst imaginable at the moment.

## Section 2 – Personal Care (washing, dressing, etc.)

- I can look after myself normally without it causing extra pain.
- I can look after myself normally but it causes extra pain.
- It is painful to look after myself and I am slow and careful.
- I need some help but manage most of my personal care.
- I need help every day in most aspects of my personal care.
- I need help every day in most aspects of self-care.
- I do not get dressed, wash with difficulty, and stay in bed.

## Section 3 - Lifting

- I can lift heavy weights without extra pain.
- I can lift heavy weights but it gives extra pain.
- Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently positioned (i.e. on a table).
- Pain prevents me from lifting heavy weights, but I can manage light to medium weights if they are conveniently positioned.
- I can lift only very light weights.
- I cannot lift or carry anything at all.

## Section 4 – Walking

- Pain does not prevent me walking any distance.
- Pain prevents me walking more than 1 mile.
- Pain prevents me walking more than ¼ of a mile.
- Pain prevents me walking more than 100 yards.
- I can only walk using a stick or crutches.
- I am in bed most of the time and have to crawl to the toilet.

## Section 5 – Sitting

- I can sit in any chair as long as I like.
- I can sit in my favorite chair as long as I like.
- Pain prevents me from sitting for more than 1 hour.
- Pain prevents me from sitting for more than ½ hour.
- Pain prevents me from sitting for more than 10 minutes.
- Pain prevents me from sitting at all.

## Section 6 – Standing

- I can stand as long as I want without extra pain.
- I can stand as long as I want but it gives me extra pain.
- Pain prevents me from standing more than 1 hour.
- Pain prevents me from standing for more than ½ an hour.
- Pain prevents me from standing for more than 10 minutes.
- Pain prevents me from standing at all.

## Section 7 – Sleeping

- My sleep is never disturbed by pain.
- My sleep is occasionally disturbed by pain.
- Because of pain, I have less than 6 hours sleep.
- Because of pain, I have less than 4 hours sleep.
- Because of pain, I have less than 2 hours sleep.
- Pain prevents me from sleeping at all.

## Section 8 – Sex life (if applicable)

- My sex life is normal and causes no extra pain.
- My sex life is normal but causes some extra pain.
- My sex life is nearly normal but is very painful.
- My sex life is severely restricted by pain.
- My sex life is nearly absent because of pain.
- Pain prevents any sex life at all.

## Section 9 – Social Life

- My social life is normal and cause me no extra pain.
- My social life is normal but increases the degree of pain.
- Pain has no significant effect on my social life apart from limiting my more energetic interests, i.e. sports.
- Pain has restricted my social life and I do not go out as often.
- Pain has restricted social life to my home.
- I have no social life because of pain.

## Section 10 – Traveling

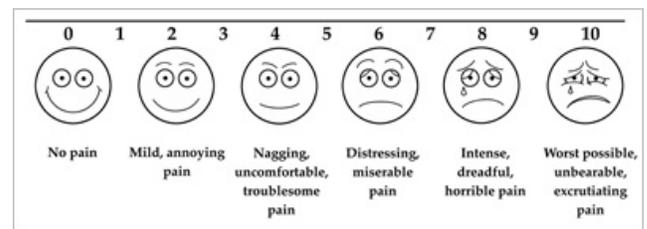
- I can travel anywhere without pain.
- I can travel anywhere but it gives extra pain.
- Pain is bad but I manage journeys of over two hours.
- Pain restricts me to short necessary journeys under 30 minutes.
- Pain prevents me from traveling except to receive treatment.

## Section 11 - Previous Treatment

Over the past three months have you received treatment, tablets or medicines of any kind for your back or leg pain? Please check the appropriate box.

- No
- Yes (if yes, please state the type of treatment you have received)

## Circle your Pain Level





1501 Hwy 18 Byp Ste B  
Hot Springs, SD 57747  
605-745-5119

## Paying for your care

Please initial next to the option that applies to you

**No insurance?** Great! Most insurance companies don't pay well for chiropractic anyways! The first visit will cost between \$50-\$149 we will then create an affordable plan to get you feeling great again! \_\_\_\_\_

**Regular health insurance** we are in-network and accept most insurances. Your plan limits your coverage and sets your fees. You can use your HSA, HRA and Flex dollars here! We will be happy to verify any benefits and let you know during your second visit to our office. Your first visit today will cost between \$50-\$149. \_\_\_\_\_

**Medicare** does not pay for exams and x-rays so the first visit will be \$115. Medicare then covers 80% for up to 12 weeks. \_\_\_\_\_

**Auto Accident** injuries are covered 100%. \_\_\_\_\_

**Work Comp** injuries are covered 100% for 12 weeks. \_\_\_\_\_