Min-Tran®

Contains Mineral Complexes From Vegetarian Sources to Promote Emotional Balance and Maintain Inner Harmony

An estimated 15 million Americans are affected by some degree of mood change and the numbers continue to grow. Feelings of sadness or emotional turmoil can occur when the mechanism in the brain designed to adjust mood in response to different degrees of stress, fails to respond. Since the brain is an intricate and complicated organ that requires a number of nutrients in order to function properly, diet greatly influences the brain’s ability to function at optimal capacity. The mineral complexes found in Min-Tran support nervous system health and help stabilize levels of important neurotransmitters that are associated with mood. Min-Tran, a natural calmative, can help create and sustain a more tranquil mood on the inside to help keep reactions to life’s challenges on the outside in greater balance.†

How Min-Tran Keeps You Healthy

kept the nervous system healthy
Specific vitamins, minerals, and trace elements have a direct relationship to and impact on individual components of the central nervous system. Iodine, found in kelp, helps keep both the brain and its surrounding membranous tissues, sensory nerves, and the spinal cord healthy. Calcium and magnesium work together to promote tranquility and relieve tension. The thyroid hormones, comprised in part by iodine atoms, boost the rate at which the body’s cells use oxygen and organic molecules to produce energy and heat. The thyroid hormones directly affect the maturing and day-to-day well-being of both the skeletal and central nervous systems. Potassium is essential for nervous system function. It plays an important role in chemical reactions inside cells and transmits electrochemical impulses, which support cognitive ability and stabilize mood.†

Supports a healthy emotional outlook
A diet lacking in sufficient vitamins and other important nutrients can affect mental as well as physical growth, development, and overall health. Eating fast foods high in refined fat or junk foods that are low in essential nutrients reduces the level of neurotransmitters in the brain. Neurotransmitters help regulate behavior and are closely linked to emotional reactions and overall emotional health. Dopamine, serotonin, and norepinephrine are the neurotransmitters linked to mood. When the nervous system is functioning properly, these important neurotransmitters are produced and released in appropriate amounts to help adjust mood appropriately and prevent mood swings.†

Please copy for your patients.

†These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.
Min-Tran®

What Makes Min-Tran® Unique

Product Attributes
Contains a unique combination of specific vitamins, trace elements,
and minerals, such as calcium, potassium, and magnesium

- This formula has a direct impact on the healthy functioning
  of the central nervous system†

Certified Organic Farming
A healthy ecosystem is created by using organic farming techniques, such as
rotating crops, fertilizing the soil with nutrient-rich cover crops and byproducts
from our processing, practicing strict weed-control standards, and continually
monitoring the health of our plants

- Assures the soil is laden with minerals and nutrients
- Ensures plants are nutritionally complete and free from synthetic pesticides

Manufacturing and Quality-Control Processes

Upon harvesting, nutrient-rich plants are immediately washed and
promptly processed

- Preserves nutritional integrity
- Low-temperature, high-vacuum drying technique
  - Preserves the enzymatic vitality and nutritional potential of ingredients

Not disassociated into isolated components
- The nutrients in Min-Tran® are processed to remain intact, complete
  nutritional compounds

Degreed microbiologists and chemists in our on-site laboratories continually
conduct bacterial and analytical tests on raw materials, product batches, and
finished products
- Ensures consistent quality and safety

Vitamin and mineral analyses validate product content and specifications
- Assures high-quality essential nutrients are delivered

Studies on nutrients generally use large doses and these studies, some
of which are cited below, are the basis for much of the information we
provide you in this publication about whole food ingredients. See the
supplement facts for Min-Tran®.

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Whole Food Philosophy

Our founder, Dr. Royal Lee, challenged common scientific beliefs by choosing a
holistic approach of providing nutrients through whole foods. His goal was to provide
nutrients as they are found in nature—in a whole food state where he believed their
natural potency and efficacy would be realized. Dr. Lee believed that when nutrients
remain intact and are not split from their natural associated synergists—known and
unknown—bioactivity is markedly enhanced over isolated nutrients. Following this
philosophy, even a small amount of a whole food concentrate will offer enhanced
nutritional support, compared to an isolated or fractionated vitamin. Therefore, one should
examine the source of nutrients rather than looking at the quantities of individual
nutrients on product labels.