

# Catalyn® GF

## Catalyn GF Contains Vital Nutrients From Several Whole Foods That Contribute to Nutritionally Complex Supplementation

The human body needs a host of nutrients, including vitamins and minerals, every day in order to function properly. It's hard enough to strike the right balance if we can eat whatever we want and even harder for those on a restricted diet.

Catalyn GF is the gluten-free version of the original Catalyn® formula. Like the original, Catalyn GF is formulated with several whole food ingredients that contain complexes of nutrients, naturally occurring minerals and phytonutrients, and vitamins. It has the same nutritional density of the original Catalyn, minus the gluten. In this formula, defatted wheat germ has been replaced with rice bran, an equally valuable food that contributes many of the same nutrients and phytochemicals found in wheat germ.

Our founder, Dr. Royal Lee, formulated Catalyn to take advantage of nutritional complexity rather than isolated nutrients. Both Catalyn and Catalyn GF contain plant and animal tissue designed to stimulate the body's repair actions and support both the physiological and biological processes in the body.†

Alone, Catalyn GF offers a complex formula of whole food ingredients and vitamins to feed your body. As part of a targeted selection of products, Catalyn GF can help bridge some of the well-researched nutritional gaps in the diets of those who can't consume gluten.†

## How Catalyn GF Keeps You Healthy

### Maintains Cellular Health

The vitamins in Catalyn GF (A, B complex, C, and D) support the cells and processes that keep your body healthy. From helping clean up free radicals (vitamin A) to energy generation (B vitamins), growth and repair of tissues (vitamin C), and support for bone density (vitamin D), these vitamins are key players in the body.†

### Keeps Your Skin Healthy

A healthy body will have vibrant and glowing skin. Catalyn GF contains vitamin A for skin-cell integrity and vitamin C for support of natural growth and repair of skin tissues and cells, as well as collagen production.†

### Keeps Your Heart Healthy

The vitamins and minerals found in Catalyn GF contribute to overall cardiac health by promoting healthy circulation, moderating homocysteine levels, and helping to maintain normal heart rhythm. Normal levels of vitamin D, especially, are associated with lower incidence of cardiovascular challenge.†

### Supports Healthy Metabolism

Catalyn GF contains the B-vitamin complex thiamin, vitamin B<sub>6</sub>, and riboflavin. B vitamins support energy metabolism, as well as immune and nervous system function.†

*Please copy for your patients.*

**GF** This product contains less than 10 parts per million of gluten per serving size or less than 20 parts per million per the suggested use listed on each product label.

†These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Introduced in 2012

**GF**

#### Content:

360 tablets

**Suggested Use:** Three tablets per day, or as directed.

#### Supplement Facts:

Serving Size: 3 tablets

Servings per Container: 120

	Amount per Serving	%DV
Calories	4	
Vitamin A	1,200 IU	25%
Vitamin C	4 mg	6%
Vitamin D	312 IU	80%
Thiamine	0.2 mg	15%
Riboflavin	0.2 mg	15%
Vitamin B <sub>6</sub>	1 mg	50%

#### Proprietary Blend: 766 mg

Rice (bran), carrot (root), calcium lactate, nutritional yeast, bovine adrenal, bovine liver, magnesium citrate, bovine spleen, ovine spleen, bovine kidney, dried pea (vine) juice, dried alfalfa (whole plant) juice, mushroom, oat flour, and soybean lecithin.

Other Ingredients: Honey, glycerin, arabic gum, ascorbic acid, calcium stearate, cholecalciferol, pyridoxine hydrochloride, starch, sucrose (beets), vitamin A palmitate, cocarboxylase, and riboflavin.

**Sold through health care professionals.**

Nutritional deficiencies can occur with a gluten free diet so to address these needs, your health care professional might suggest other products like:

- Prebiotic Inulin (Fiber, Calcium, Magnesium)
- Cellular Vitality (B vitamins)
- Cataplex® GTF (Niacin, Vitamin A, Vitamin C)
- Cataplex® B12 (B12)
- Chezyn. (Iron)



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# Catalyn<sup>®</sup> GF

## What Makes Catalyn GF Unique

### Product Attributes

#### Gluten-free combination of whole food ingredients

- › Contains important vitamins, minerals, enzymes, and trace minerals in combination with their naturally occurring synergistic cofactors
- › Combines vital nutrients from a variety of plant sources to introduce a unique diversity of complete vitamin and mineral complexes

#### Multiple nutrients from a variety of plant and animal sources

- › Extracts from bovine and ovine tissues provide nutrients and support to the corresponding tissues in humans<sup>†</sup>
- › Vitamins, minerals, and nutrients from plants and animal tissues work synergistically for maximum effect<sup>†</sup>

### Certified Organic Farming

A healthy ecosystem is created by using organic farming techniques, such as rotating crops, fertilizing the soil with nutrient-rich cover crops and byproducts from our processing, practicing strict weed-control standards, and continually monitoring the health of our plants

- › Assures the soil is laden with minerals and nutrients
- › Ensures plants are nutritionally complete and free from synthetic pesticides

### Manufacturing and Quality-Control Processes

Upon harvesting, nutrient-rich plants are immediately washed and promptly processed

- › Preserves nutritional integrity

### Low-temperature, high-vacuum drying technique

- › Preserves the enzymatic vitality and nutritional potential of ingredients

### Not disassociated into isolated components

- › The nutrients in Catalyn GF are processed to remain intact, complete nutritional compounds

Degreed microbiologists and chemists in our on-site laboratories continually conduct bacterial and analytical tests on raw materials, product batches, and finished products

- › Ensures consistent quality and safety

### Vitamin and mineral analyses validate product content and specifications

- › Assures high-quality essential nutrients are delivered

### Whole Food Philosophy

Our founder, Dr. Royal Lee, challenged common scientific beliefs by choosing a holistic approach of providing nutrients through whole foods. His goal was to provide nutrients as they are found in nature—in a whole food state where he believed their natural potency and efficacy would be realized. Dr. Lee believed that when nutrients remain intact and are not split from their natural associated synergists—known and unknown—bioactivity is markedly enhanced over isolated nutrients. Following this philosophy, even a small amount of a whole food concentrate will offer enhanced nutritional support, compared to an isolated or fractionated vitamin. Therefore, one should examine the source of nutrients rather than looking at the quantities of individual nutrients on product labels.

Studies on nutrients generally use large doses; these studies, some of which are cited below, are the basis for much of the information we provide you in this publication about whole food ingredients. See the supplement facts for Catalyn GF.

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