A-F Betafood®

Contains Many Nutrients, Including Betaine, to Protect the Liver and Enhance Its Function

The whole food beet ingredients in A-F Betafood contain two important phytonutrients, betalains and betaine, to support and protect the liver. Betalains are the pigments found in beets that are generally protective to the liver and colon and also protect the body against oxidative stress. Betaine has been shown in laboratory and animal studies to protect cells, proteins, and enzymes from environmental stress and support important metabolic functions of the liver and kidneys. A-F Betafood also contains many essential vitamins and minerals to support overall healthy functioning of the liver and the body.*

How A-F Betafood Keeps You Healthy

Promotes healthy liver function
The betaine in A-F Betafood is an effective lipotrophic agent, which promotes the transportation and use of fats, helping to prevent the accumulation of fat in the liver.*

Maintains healthy metabolic function
The B-vitamin complex, found in nutritional yeast, is a family of vitamins that work together to metabolize fats, carbohydrates, and proteins. Vitamin B6 supports the metabolism of carbohydrates by facilitating glycogen breakdown. Iodine is required to produce the two hormones in the thyroid gland responsible for regulating the body’s rate of metabolism, reproductive functions, and growth and development. Magnesium is needed to metabolize carbohydrates and fats for energy, and is a cofactor for ATP metabolism. ATP is needed to produce the energy that is required for metabolic processes throughout the body.*

Provides many essential nutrients to support overall health
Calcium and magnesium are essential to bone health and several enzymatic reactions in the body. Calcium is necessary for blood coagulation, vasoconstriction and vasodilation, nerve impulse transmission, muscle contraction, hormone secretion, maintenance and function of cell membranes, and membrane permeability. Magnesium supports DNA synthesis, the synthesis of the antioxidant enzyme glutathione, and the transport of ionizable calcium and potassium across cell membranes.*

Promotes cellular health
Beets are rich in folate, a nutrient that supports the production and maintenance of new cells. Potassium maintains cell-membrane integrity. Vitamin A supports healthy cellular growth and helps the body maintain healthy mucous membranes. Vitamin B6 supports the formation and function of red blood cells. The essential fatty acids (EFAs), like those found in flaxseed oil, mixed tocopherols, and soybean lecithin, support cell structure.*

Please copy for your patients.

* These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.
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What Makes A-F Betafood Unique

Product Attributes
Ingredients are derived from whole food sources
> The combination of whole foods along with their vitamin complexes promotes the healthy transport and metabolism of blood fats and supports healthy processing of fats in the liver
> The minerals and vitamins present in beets work together with other ingredients in A-F Betafood to promote healthy liver metabolism and cellular function
> Carrot root and beet root and juice provide naturally occurring antioxidants, vitamins, and betaine

Multiple nutrients from a variety of plant and animal sources
> Extracts from bovine tissues provide nutrients and support to the corresponding tissues in humans
> Vitamins, minerals, and nutrients from plants and animal tissues work synergistically for maximum effect

Certified Organic Farming
A healthy ecosystem is created by using organic farming techniques, such as rotating crops, fertilizing the soil with nutrient-rich cover crops and byproducts from our processing, practicing strict weed-control standards, and continually monitoring the health of our plants
> Assures the soil is laded with minerals and nutrients
> Ensures plants are nutritionally complete and free from synthetic pesticides

Manufacturing and Quality-Control Processes
Upon harvesting, nutrient-rich plants are immediately washed and promptly processed
> Preserves nutritional integrity

Low-temperature, high-vacuum drying technique
> Preserves the enzymatic vitality and nutritional potential of ingredients

Not disassociated into isolated components
> The nutrients in A-F Betafood are processed to remain intact, complete nutritional compounds

Degreed microbiologists and chemists in our on-site laboratories continually conduct bacterial and analytical tests on raw materials, product batches, and finished products
> Ensures consistent quality and safety

Vitamin and mineral analyses validate product content and specifications
> Assures high-quality essential nutrients are delivered