



Name: \_\_\_\_\_ Date of Birth (Age): \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ Postal Code: \_\_\_\_\_  
Home Phone: \_\_\_\_\_ Cell: \_\_\_\_\_ Work: \_\_\_\_\_  
E-mail: \_\_\_\_\_ Referred by: \_\_\_\_\_  
Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Occupation: \_\_\_\_\_

Describe your general diet and exercise habits: \_\_\_\_\_  
\_\_\_\_\_

Describe how well you sleep: \_\_\_\_\_

Describe your general health: \_\_\_\_\_

Have you ever had a massage before? \_\_\_\_\_ How long ago? \_\_\_\_\_

Have you ever been involved in an injury or accident? \_\_\_\_\_ When? \_\_\_\_\_

What kind of care did you receive? \_\_\_\_\_

Do you feel that you have recovered from these events? \_\_\_\_\_

Do you have any chronic, ongoing conditions that you deal with on a regular basis?

Explain. \_\_\_\_\_  
\_\_\_\_\_

Current Medications: \_\_\_\_\_ Condition it treats: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Do you have any internal pins, wires, artificial joints, or special equipment? If so, what and where: \_\_\_\_\_  
\_\_\_\_\_

Why are you here? What do you hope to accomplish? \_\_\_\_\_  
\_\_\_\_\_

If suffering from pain, what causes it and what activities make it worse? \_\_\_\_\_  
\_\_\_\_\_

What would you like to be different? \_\_\_\_\_

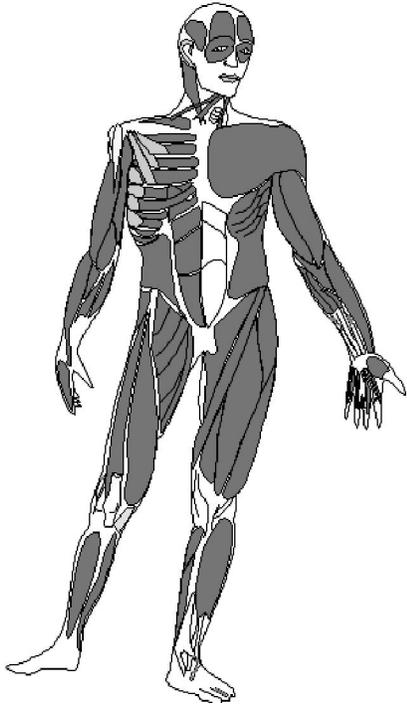


**INSTRUCTIONS: Please check any of the following conditions or symptoms that you currently have or have had in the past.**

<input type="checkbox"/> Allergies: _____	<input type="checkbox"/> IRRITABLE BOWEL SYNDROME	<input type="checkbox"/> DEPRESSION
<input type="checkbox"/> HEART SURGERY/ PACEMAKER	<input type="checkbox"/> DIGESTIVE PROBLEMS	<input type="checkbox"/> MULTIPLE SCLEROSIS
<input type="checkbox"/> HEART DISEASE	<input type="checkbox"/> CROHN DISEASE	<input type="checkbox"/> HEADACHES
<input type="checkbox"/> VARICOSE VEINS	<input type="checkbox"/> GALLSTONES	<input type="checkbox"/> STROKE
<input type="checkbox"/> CLOTTING DISORDERS	<input type="checkbox"/> HEPATITIS	<input type="checkbox"/> REDUCED SENSATION
<input type="checkbox"/> CARDIAC OR CIRCULATORY PROBLEMS	<input type="checkbox"/> DIABETES	<input type="checkbox"/> SLEEP DISORDERS
<input type="checkbox"/> HIGH / LOW BLOOD PRESSURE	<input type="checkbox"/> HYPOTHYROIDISM/ <b>HYPERTHYROIDISM</b>	<input type="checkbox"/> EPILEPSY OR SEIZURES
<input type="checkbox"/> DEEP VEIN THROMBOSIS	<input type="checkbox"/> KIDNEY PROBLEMS	<input type="checkbox"/> TUBERCULOSIS
<input type="checkbox"/> THROMBOPHLEBITIS	<input type="checkbox"/> ULCERS/COLITIS	<input type="checkbox"/> DIFFICULTY BREATHING
<input type="checkbox"/> OSTEOPOROSIS	<input type="checkbox"/> CANCER	<input type="checkbox"/> ASTHMA
<input type="checkbox"/> ARTHRITIS	<input type="checkbox"/> EDEMA	<input type="checkbox"/> EMPHYSEMA
<input type="checkbox"/> FIBROMYALGIA	<input type="checkbox"/> LEUKEMIA / LYMPHOMA	<input type="checkbox"/> SINUS PROBLEMS
<input type="checkbox"/> CARPAL TUNNEL SYNDROME	<input type="checkbox"/> HIV / AIDS	<input type="checkbox"/> SKIN CONDITIONS
<input type="checkbox"/> TMJ DYSFUNCTION	<input type="checkbox"/> LUPUS	<input type="checkbox"/> WARTS
<input type="checkbox"/> THORACIC OUTLET SYNDROME	<input type="checkbox"/> STRAINS, SPRAINS, TENDINITIS	<input type="checkbox"/> PREGNANT? DUE: _____



Please indicate **by circling** where you have pain:



1. I am aware that draping will be used during the massage session. \_\_\_\_
2. I understand that my feedback is an essential element in my treatment, therefore if at any time I should become uncomfortable during the massage, I may bring it to my therapist's attention and request that the session end. \_\_\_\_
3. If I am unable to keep an appointment, I understand that an 8hr. notice is required, otherwise, I will be charged for the time reserved. \_\_\_\_

I have read and I fully understand this form in its entirety. If at any time there are changes in the information given or in my condition, I will notify my therapist, and update this form before receiving additional massages.

The Massage Treatment given here is for the sole purpose of stress reduction, relief from muscle tension of spasm and to increase circulation and energy flow.

The Massage Therapist does not diagnose or prescribe for medical illness, disease, or any other physical or mental disorder.



The Massage Therapist does not perform spinal manipulations (this is the job of our chiropractors). Massage Therapy is not a substitute for medical examination or diagnosis, and it is recommended that a physician be seen for any ailment that you have.

It is the Client's (your) responsibility to explain and discuss all physical conditions with the Massage Therapist so that they may do their job. Your Massage Therapist is an independent professional and is solely responsible for your treatment.

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Client Signature

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Massage Therapist Signature