

7. Intestinal Support

Ultra Flora Balance



Ultra Flora Plus DF Capsules is a dairy-free probiotic supplement that provides highly viable, pure strains of *Lactobacillus acidophilus* (NCFM® strain) and *Bifidobacterium lactis* BI-07.

- Helps to maintain healthy balance of intestinal flora and is designed to provide intestinal support on multiple levels.
- Facilitates the digestion of lactose (milk sugar)
- Guaranteed to provide no fewer than 15 billion combined live organisms per serving through date of expiration.
- The purity, clinical reliability and predicted safety of Metagenics probiotic formulas are guaranteed through the scientific certification of strains with established health benefits. Assuring potency and high viability, each strain is also tested for acid tolerance and cell adherence in vitro.

As a nutraceutical, this product is formulated to complement dietary recommendations to promote gastrointestinal and immune health. This formula is designed to encourage growth of beneficial bacteria and support healthy immune function, intestinal integrity, and healthy digestive function. It delivers a concentrated dose of specific, strain-identified beneficial microflora: *B. lactis* BI-07 and *L. acidophilus* NCFM®—one of the most extensively tested acidophilus species available. *Bifidobacterium* is one of the most abundant and perhaps most important types of bacteria in humans.

Supplement Facts

Serving Size: 1 Capsule

Servings per Container: 60

	Amount Per Serving	% Daily Value
Calories	5	*
Total Carbohydrate	1 g	*
A 50:50 blend of:	15	*
Lactobacillus acidophilus NCFM-½		
Bifidobacterium lactis Bi-07 (formerly known as B. infantis)		
Globulin Protein Concentrate	560 mg	*

*Daily value not established.

Other Ingredients: Microcrystalline cellulose, lactobacillus acidophilus (milk), bifidobacterium lactis (milk, soy), magnesium stearate, and silica.

Contains: milk, soy

Directions: Take one capsule one to two times daily or as directed by your healthcare practitioner.

Metagest



Metagest facilitates the breakdown of food by supplying the stomach acid support factors betaine HCl and pepsin.*

Benefits Include

- Provides betaine HCl and pepsin, which support the breakdown of food in the stomach.*
- Complements the natural production of digestive agents that may decrease as a result of environmental, dietary, or age-related factors.*

Supplement Facts

Serving Size: 2 Tablets

Servings per Container: 45

	Amount Per Serving	% Daily Value
Betaine HCl	1,300 mg	*
Pepsin (porcine)	90 mg	*

*Daily value not established.

Other Ingredients: Stearic acid (vegetable), microcrystalline cellulose, cellulose, silica, magnesium stearate (vegetable), coating (water, hypromellose, medium chain triglycerides, and hydroxypropylcellulose)

Directions: Take two tablets with each meal or as directed by your healthcare practitioner.

SpectraZyme



SpectraZyme supplies a broad spectrum of non-animal derived enzymes including acid-stable lipase and three different proteases chosen to provide enzyme activity in a variety of pH ranges.

Benefits Include

- Provides comprehensive digestive support.*
- Delivers a variety of enzymes that split proteins, peptides, carbohydrates, fats, cellulose, maltose, lactose, and sucrose.*\

Supplement Facts

Serving Size: 2 Tablets

Servings per Container: 90

	Amount Per Serving	% Daily Value
Protease I	20,000 PC	*
Protease II	200,000 USP	*
Protease III	40,000 HUT	*
Amylase	20,000 DU	*
Lipase	2,000 LU	*
Cellulase	2,000 CU	*
Peptidase	600 UNITS	*
Maltase	600 DP	*
Lactase	400 LAC U	*
Invertase	400 SUMNER	*
	40 mg	*

Amla Fruit (*Phyllanthus embilica*)

- *Daily value not established.
- *Other Ingredients:* Enzyme blend† (milk, wheat, soy), microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica
- *Contains:* Milk, Wheat and Soy

Directions: Take two tablets with each meal or as directed by your healthcare practitioner.