

## NUTRITIONAL SHAKE

This candida-friendly shake mixes instantly with water or milk, and can be used as a perfectly balanced meal replacement when you are on the go. The Herbalogica NUTRITIONAL SHAKE can also be a part of a healthy weight loss program by becoming a substitute for two out of three meals a day while providing essential nutrients to the body. Available in chocolate, vanilla, strawberry and orange cream.

### Features and Benefits

- Easy mixing
- Great taste
- No artificial sweeteners
- Low glycemic ratio
- Contains digestive enzymes, probiotics, omega 3 fatty acids and trace minerals
- Lactose, soy and gluten free as well as candida friendly

**Suggested Use:** For meal replacement, use 2 level scoops mixed with 8 oz of water. For a healthy snack in-between meals, mix 1 level scoop with 4-6 oz. of water. You may substitute all or some of the water with rice milk or almond milk. For variety, try adding frozen berries, fresh fruit and/or ice.

1 scoop 1 time daily will last: 30 days

2 scoops 1 time daily will last: 15 days

**Size Available:** 22.75 oz (15 meals or 30 snacks)

**Shelf Life:** 6 years

### Ingredients:

VITAMIN A, C, E, K, B1, B2, B5, B6, B12, K, CALCIUM, FOLIC ACID, MAGNESIUM, CLA, ACIDOPHILUS & BIFIDUS, OMEGA 3 FATTY ACIDS, PROBIOTIC BLEND, BIOTIN, CHROMIUM, IRON, NIACINAMIDE, POTASSIUM, XYLITOL, DIGESTIVE ENZYME BLEND

