

## Shape Reclaimed Weekly Consultation and Urinalysis

As part of the Shape Reclaimed program, it is imperative that you report weekly so that Dr. Di Carlo can examine your urine sample in order to verify that you are getting the proper nutrients while on the program. This is so he can make any necessary changes to your program and you can achieve the best results. By signing below, you acknowledge that you have read this statement and understand the need for these urine analysis protocols.

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Patient printed name: \_\_\_\_\_