

Family Care

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I woke up one morning unable to move without intense pain. I could not sit for more than a few minutes, nor could I stand for more than a few minutes without tears running down my face from the pain searing through my mid and lower back. I called my mom (Mothers know how to fix anything, right?) who promptly called her chiropractor, Dr. Maguire, and convinced him to squeeze me in to his hectic schedule for an emergency adjustment. After the appointment I was still sore, but actually able to sit or stand without tears. I was then convinced that chiropractic is a lot more valuable than most of us give it credit for.

Through continued regular care, I can now say that I sleep better, my posture is better, my headaches don't come on as often, and I have more energy during the day. Also, Dr. Maguire was able to identify an issue that would eventually have turned into a dowager hump, but caught in time can be corrected with treatment. (Very happy - I don't want to be a hunchback by the time I'm 35!)

I was also very impressed that he put on an information session for his patients at no cost, to help us "unbelievers" become convinced of the importance of taking regular care of your spine. The unbiased information presented mixed with his enthusiasm for chiropractic health was refreshing from a medical professional. I will be a regular at his clinic for a long time to come; after all, as he will tell you, maintenance is just as important as crisis care!!!!

-Shilo D.

