



Hi!

My name is Sadie Marie McManaman and I am 4 months old (that's me in the picture with my doggy).

Being a baby can be really tough!

The first three months of my life I was having a hard time sleeping and my tummy hurt a lot because I had acid reflux. My mommy and daddy were giving me medicine every day and even had me sleeping in a swing because my tummy hurt so much.

My mommy and daddy were starting to pull their hair out and were trying everything to get me to feel better and help me sleep.

At one point, my mommy heard that going to a chiropractor helped her friend's baby feel better. (Daddy



said that chiropractors were just for old people but was willing to try anything!)

Mommy took me to meet Dr. Maguire and he was really nice! He told mommy that sometimes, when babies are born, their backs can become crooked, especially the way I came out with forceps! My crooked back could actually be the reason my tummy hurts and why I can't sleep!

Dr. Maguire adjusted my back. It didn't hurt, actually, it felt good! My mommy and daddy started to notice I could turn my head to both sides. Before, I was only sleeping with my head facing one side. I got to see Dr. Maguire a few more times. Within a couple visits, my tummy stopped hurting, my back felt better, and I could sleep in my crib through the night! My mommy was happier because she was sleeping, and the best part is.... my acid reflux is gone, no more medicine!

Being a baby is way easier now!!!

Thank you Dr. Maguire for making me feel better!

-Sadie :)

