

Wonderful Adjustments/ Foot Pain

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I met Dr. Patrick Maguire at the Home Show in January 2009. I wasn't looking to go see a chiropractor as I never really thought of it but after seeing how off my entire body was, I thought I had better. So I had my initial consultation and Dr. Maguire sent me for x-rays. The x-ray facility gave me a CD with my x-rays on it and so I looked at it when I got home. I was completely shocked to see that my spine looked pretty close to a "curves up ahead" sign you would see on the highway.

I should mention that in October I had also had plantar fasciitis and Achilles tendonitis. I was going to physio for that and was also prescribed orthotics. I went to physio for about a month and a half with no real results. I was told my foot was improving but I didn't really notice any changes. Then when I received my orthotics, my feet ended up worse. I had them adjust the orthotics and there was still no improvement. It actually made feet worse and they were going numb and tingly. So I stopped wearing them. I just figured I would have to deal with sore feet indefinitely.

Here is the good news. Dr. Patrick Maguire goes over my x-rays with me and tells me we can help correct the misalignments of my spine. I was so excited! I had also mentioned to him the concerns about my feet. He said

that as my spine became healthier that my feet could well improve as well. Now I was really excited!! He has been adjusting me for 4 weeks now, and not only do my feet feel great at the end of a long day on concrete floors, but the tension in my back has eased tremendously, and I have also gained 3/4 of an inch of my height back:)

I noticed results immediately after my first adjustment. I have more movement within my entire body again. I honestly didn't even realize that I had lost so much motion. Besides the incredible continuing improvements I have been experiencing, I must let you know that I look so forward to all my appointments with Dr. Pat. He always has a big smile to greet all his patients. He is very cheerful and put me completely at ease. He has answered all my questions and even shows me on the skeleton what is going on with my body so I have a clear picture. He is very professional, knowledgeable, and passionate about what he does. I can't say enough good things about what he has done to improve my health and life.

Thanks Dr. Pat :) I look forward to my continuous improvements that you have given me.

-Ramona P.

