

Neck Injury

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I started to receive the therapy because of injury of my neck. When I went to the skating, I lost my balance and fell down. I knocked my back and back of head on the ice. From next day, I started to feel something wrong to my neck, but I thought it will be better naturally so I didn't any thing special. However, even some days passed, my neck was not getting better. At that time, it was difficult and even hard to keep my posture straight, so I decided to go to the Chiropractic.

When I came to therapy first I was so nervous, but Dr. Patrick explained to me many detail with models. I could start to receive the therapy with relax. Surprisingly, I could feel the difference after the first therapy. My neck became lighter. Of cause it was not perfect yet, but I felt the difference for sure. From then

on, I felt better and better on my body and neck after the every therapy. After a few weeks, I didn't feel any difficulty to keep my posture straight. Also I didn't feel any discomfort with my neck. When I noticed about that I was really happy. Honestly, first I thought I'll be able to receive the therapy after go back my country, but now I think it was correct to receive the therapy as soon as possible. If I didn't do that here, the injury might give me some bad influence on my body after many days, and also I will feel nervous during my stay in Canada. That's too bad. Now I'm really enjoying my life in Canada. I'll start again to try to many things in here by the day I go back to my country. I really appreciate Dr. Patrick. I feel really good!

Thank you.

-Kinu

