

## Wonderful Adjustments/ Exema

***“It was amazing! ... not only had my posture improved dramatically and my ability to move properly had returned almost completely but also the exema on my hands and feet that had plagued me for the past 5 years had gone away completely!”***



I met Dr. Maguire (Dr. Pat) at a trade show several months ago where he was doing courtesy spinal screenings. I had never been to see a Chiropractor and always wondered what it was that they did and so I decided to get my spine checked. After doing a short health history Dr. Maguire did a spinal screening and was I ever glad he did.

One of the assessments that Dr. Maguire performed was a posture analysis ... and my posture was WAY OUT! My left shoulder was higher than my right my right hip was higher than my left and I was standing with 8 more pounds on my left foot than my right, Dr. Maguire explained how this could be caused by misalignments of my spine called “Subluxations” and that I should come in for a complete spinal exam.

The next week I came in and Dr. Maguire did a very detailed exam of my spine. (I had no idea that the exam would be so technical and thorough). While doing my health history Dr. Maguire asked me to write down anything that was going on with my health and at that time I explained how, for the past 5 years, I have had severe exema on my left hand and foot, though I didn't know what this had to do with Chiropractic.

Dr. Maguire explained how the nerve system controlled the function of our entire body and that if there was nerve irritation caused by Subluxation that it could cause any number of things, including exema. He also explained that if we were able to correct these Subluxations and get rid of the nerve interference that, along with many other health benefits, my exema may resolve, heal and go away.

I was skeptical, but Dr. Maguire seemed to truly understand what he was explaining and so we carried on.

After 8 weeks of care Dr. Maguire performed a complete re-exam to see how I was doing ... It was amazing! ... not only had my posture improved dramatically and my ability to move properly had returned almost completely but also the exema on my hands and feet that had plagued me for the past 5 years had gone away completely!

I now understand how important taking care of my spine and nerve system is and I look forward to a lifetime of better health under Dr. Maguire's care.

Thank you Dr. Maguire for all that you have done and continue to do,

- Jordane L.

