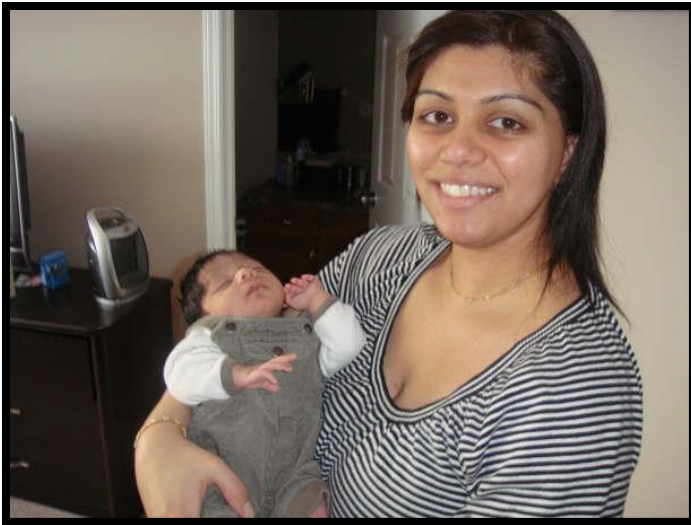


Pregnancy

“When I left his clinic after this first visit and adjustment, I was so AMAZED how much better it felt already!”



I first met Dr. Pat at a baby fair while I was pregnant where I learned about chiropractic care during pregnancy. I had been contemplating going anyway since I had been experiencing lower back and neck pain and some tightness in my hips. He informed me of the benefits to me and my baby by showing me how the pelvis is supposed to be balanced and how it would open up and make the space larger to allow the baby to exit more easily.

On my way to my first appointment, I felt significant pain in my lower back near the hips and thought I would mention this to him. When I left his clinic after this first visit

and adjustment, I was so AMAZED how much better it felt already! I had expected it to get better slowly but I never thought it would feel better this fast.

Within 4 weeks my back and neck had improved considerably. After the adjustments, I always felt better! I was no longer experiencing back pain and my back felt so much stronger. Even though I had a long labor, there were no problems and once the baby decided to make its arrival, he was out in less than 10 minutes!!! I now have been completely free of back pain even after delivery of the baby. I highly recommend chiropractic care during pregnancy.

Thanks,
Jassy C.

