



Mount Royal Village  
FamilyChiropractic

"Healthier People Today for a Better World Tomorrow"

## Chiropractic Care



**"A fundamental part of my health routine!"**

*Michelle E*

Before meeting Dr. Pat, I knew nothing about chiropractic. I am passionate about health, yet I wasn't educated on the importance of the central nervous system. Crazy! Dr. Pat pointed out all the areas in my spine that were in need of care, what these injuries meant for my entire bodily wellness, and the importance of treating them before they got bad. I went out on faith and completed my initial intensive care. It was great! My body did a lot of changing, and even my immune system perked up! Dr. Pat educated me thoroughly on the "why" behind chiropractic and it made so much sense - I was already a person who believed in the body's innate intelligence. I am now spinally aware and can tell when something isn't right. Dr. Pat gently fixes me each and every time, and often I notice an immediate and unmistakable difference. I've even noticed a difference in my digestive health in relation to chiropractic.

Adding chiropractic to my entire approach to health has allowed me to really see improvement of the original health issues I came in with. After spending time around Dr Pat - someone so passionate about their life's work - I am fortunate to even understand the tip of the iceberg with chiropractic. I will always maintain the health of my spine now that I know what I know! Non-negotiable! And I can't wait for Dr. Pat to take care of my future family!

*The patients who get the best results, are the ones that follow through with their recommendations!*

*Want to be our next patient of the week? Follow through with your care, and tell your family and friends about the importance of chiropractic care for whole body wellness!*

*It's that easy!*