



Mount Royal Village  
FamilyChiropractic

"Healthier People Today for a Better World Tomorrow"

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## Chiropractic Care

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*Christy B*

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*The patients who get the best results, are the ones that follow through with their recommendations!*

*Want to be our next patient of the week? Follow through with your care, and tell your family and friends about the importance of chiropractic care for whole body wellness!*

*It's that easy!*

### **No more headaches, back pain, or pins and needles!**

"Before I started seeing Dr. Pat I was suffering from head aches, back pain, and could feel pins and needles in my arms and legs. I was in pretty bad shape. I started off by seeing Dr Pat 3x/week. After being adjusted for the first time I felt like I could breathe again. It really was incredible! I felt so much better. I was getting more oxygen, I could concentrate better in school, the headaches went away, and the pins and needle feelings stopped! I was sleeping again. I realize now that just one visit to a chiropractor won't just fix everything forever. I need to maintain myself in order to stay well."