

**CLAYTON PARK CHIROPRACTIC CENTRE INC.**

11 – 117 Kearney Lake Road  
Halifax, Nova Scotia B3M 4N9  
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**Health History Forms – Infant / Child**

Child's Name: \_\_\_\_\_ Date: \_\_\_\_\_

Parent(s) Name: \_\_\_\_\_

Sibling(s) Name(s) & Age(s): \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Cell #: \_\_\_\_\_ Home #: \_\_\_\_\_

**We offer text reminders for your appts. If interested, who is your cell phone provider?** \_\_\_\_\_

Email address: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_  M  F Referred by: \_\_\_\_\_  
mm/dd/yyyy

Has your child ever received chiropractic care?  Y  N If yes, please list previous DC's name and last visit date? \_\_\_\_\_

Name and phone number of Medical Doctor: \_\_\_\_\_

Date of last MD visit & Reason: \_\_\_\_\_

**Present Health Complaints/Concerns**

***Please complete as appropriate, if there are no complaints/concerns please go to Family Health History***

Major Health Complaint: \_\_\_\_\_

Minor Health Complaint: \_\_\_\_\_

When did the problem begin? \_\_\_\_\_

Is the problem:  Occasional  Constant  Intermittent

Does the problem radiate?  Yes  No, If yes, where? \_\_\_\_\_

What makes this worse? \_\_\_\_\_

What makes this better? \_\_\_\_\_

Is the problem worse during a certain time of the day?  Yes  No If yes, when? \_\_\_\_\_

Does this interfere with the child's:  Sleep  Eating  Daily Routine

Is this becoming worse? \_\_\_\_\_

Other professionals seen for this condition? \_\_\_\_\_

Results with that treatment? \_\_\_\_\_

**Family Health History**

Please note any health problems (eg. Cancer, hereditary conditions, heart disease, etc.) that are present in:

Mother's family:

\_\_\_\_\_  
Father's family:

\_\_\_\_\_  
Sibling(s):

\_\_\_\_\_  
Since problems that chiropractors look for and detect can be related to many types of stressors, the following information is also very important to us.

**Physical Stressors**

Any traumas to the mother during pregnancy? (eg. Falls, accidents, etc.)  Yes  No

If yes, please explain:

\_\_\_\_\_  
Any evidence of birth trauma to the infant?

- Bruising  Odd shaped head  Stuck in birth canal
- Cord around neck  Fast or Excessively long birth  Respiratory Depression

Any falls from sofa's, beds, change tables, etc?  Yes  No, If yes, please explain:

\_\_\_\_\_  
Any hospitalizations or surgeries?  Yes  No, If yes, please explain:

\_\_\_\_\_  
Any sports played?

\_\_\_\_\_  
Is a school backpack used?  Yes  No, If yes, Is it packed:  Heavy  Light

**Chemical Stressors**

Was this child breast-fed?  Yes  No, If yes, how long?

\_\_\_\_\_  
At what age was formula introduced? \_\_\_\_\_ What formula? \_\_\_\_\_

At what age was cow's milk introduced? \_\_\_\_\_

At what age was solid food introduced? \_\_\_\_\_ Type of foods? \_\_\_\_\_

Food/Juice Intolerance?  Yes  No, If yes, what type? \_\_\_\_\_

During pregnancy, did the mother? Smoke  Yes  No How much? \_\_\_\_\_

Drink  Yes  No How much? \_\_\_\_\_

Any illnesses during the pregnancy?  Yes  No, If yes, what illnesses? \_\_\_\_\_

\_\_\_\_\_  
Any supplements taken during pregnancy?  Yes  No, If yes, what supplements?

\_\_\_\_\_  
Any drugs taken during pregnancy?  Yes  No, If yes, what drugs?

## **Often Seemingly Unrelated Symptoms Can Manifest As Other Health Concerns**

(Please check if your child has had any of the following)

- Headaches  Loss of Taste  Weight gain  Upper back pain
  - Dizziness  Light sensitivity  Dental Problems  Neck Pain
  - Fainting  Face Flushed  Fevers  Low Back Pain
  - Fatigue  Cold Sweats  Heart Palpitations  Radiating Pain
  - Irritability  Bronchitis  Chest Pressure  Stiffness
  - Depression  Pneumonia  Breast Pain  Reduced Mobility
  - Loss of Balance  Difficulty Breathing  Frequent Colds  Numbness in leg(s)
  - Loss of Concentration  Shortness of Breath  Sinus Congestion  Numbness in feet
  - Loss of memory  Asthma  Sore Throats  Numbness in hand(s)
  - Ears Buzzing  Urinary Problems  Ear Pain/Infections  Weakness
  - Poor Coordination  Constipation  Allergies  Muscle cramps
  - Vision Changes  Diarrhea  Heartburn  Sleeping Problems
  - Loss of Smell  Weight Loss  Bloating/ Gas
  - Other:
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### **History of Birth**

What was the child's gestational age at birth? \_\_\_\_\_ weeks

Birth weight: \_\_\_\_\_ lbs \_\_\_\_\_ oz length \_\_\_\_\_ (inches)

Was your child's birth:  at home  in a birthing centre  in a hospital?

Was the birth considered:  medical  midwife?

What was the duration of the labour and delivery? \_\_\_\_\_ hours

Was the child born:  Cephalic (head first)  Breech (feet first)?

Were there any complications?  Yes  No, If yes, please explain:

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Please check any assistance, which was used during the birth:

- Forceps  Vacuum Extraction  C-Section  Episiotomy

Was labour:  Spontaneous  Induced

Were medications, or epidurals, given to the mother during birth?  Yes  No, If yes, what was given? \_\_\_\_\_

APGAR score: at Birth \_\_\_\_\_/10 After 5 minutes \_\_\_\_\_/10 (if known)

### **Growth and Development**

Was the infant alert and responsive within 12 hours of delivery?  Yes  No, If yes, please explain: \_\_\_\_\_

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At what age did the child:

Respond to sound \_\_\_\_\_ Follow an object \_\_\_\_\_ Hold up head \_\_\_\_\_  
Vocalize \_\_\_\_\_ Sit alone \_\_\_\_\_ Teeth \_\_\_\_\_ Crawl \_\_\_\_\_ Walk \_\_\_\_\_

Do you consider the child's sleeping pattern normal?  Yes  No, If no, please explain:

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Any ultrasounds?  Yes  No, How many and reasons for being done?

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Any invasive procedures during pregnancy? (eg. Amniocentesis, CVS, etc.) Please explain:

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Any pets at home?  Yes  No, If yes, what kinds?

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Any smokers in the home?  Yes  No

### **Vaccination History**

Did your child receive vaccinations?  Yes  No, If yes, which ones?

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Any negative reactions?  Yes  No, If yes, please explain:

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Any antibiotics given?  Yes  No, How many courses and why?

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### **Psychosocial Stressors**

Any difficulties with lactation?  Yes  No, If yes, what are/were they?

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Any problems with bonding?  Yes  No, If yes, what are/were they?

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Any behavioural problems?  Yes  No, If yes, what are/were they?

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Any:  night terrors  sleep walking  difficulty sleeping

Age of child when she/he began daycare?

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Average number of hours of television per week?

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Do you feel that your child's social and emotional development is normal for their age?  Yes  No, If yes, how?

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If there are any other questions or concerns, which you have, you may write them in the space provided:

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## OFFICE FEE SCHEDULE & FINANCIAL POLICY

(Chiropractic prices are *not* subject to tax)

### CHIROPRACTIC SERVICES:

	<u>Dr. Karen + Dr. Doug + Dr. Sasha</u>
Consultation (10min)	<i>NO CHARGE</i>
Initial Chiro Exam	\$100.00
Chiro Adjustment	\$59.00
Chiro Adjustment (Child)	\$59.00
Acupuncture + Chiro Adjustment	\$94.00
Chiro Re-Assessment	\$69.00
Chiro Re-Assessment (Child)	\$69.00
<b>Missed Appointment Charge</b>	<b>\$45.00</b>

### FINANCIAL POLICY AND CHIROPRACTIC ACTIVE LIFE PLANS

We are committed to providing you with the best chiropractic care possible in a caring environment and have established our financial policies to achieve that goal. You will be expected to pay for your chiropractic care at the time the service is rendered unless you arrange a Chiropractic Active Life Plan in advance. These plans are designated to be the most cost effective way to keep you and your family as healthy as possible. Details of these plans will be discussed with you during your Report of Findings appointment.

### REGISTERED MASSAGE THERAPY SERVICES:

½ HOUR SESSION (specific area)	\$56.52 (plus tax) = \$65.00
1 HOUR SESSION	\$86.96 (plus tax) = \$100.00
1 ½ HOUR SESSION	\$134.78 (plus tax) = \$155.00
2 HOUR SESSION	\$173.91 (plus tax) = \$200.00

### Registered Kinesiology Services

Treatment to strengthen your body and keep it in balance in conjunction with Chiropractic.

Registered Kinesiologist at Clayton Park Chiropractic Centre: **Ashley Howatt, CSEP - CPT**

**If less than 24 hours notice to cancel Massage Therapy/Kinesiology appointments is given a FULL FEE will be charged**

**NO DIRECT BILLING** – Our office does NOT direct bill to any insurance company therefore **PAYMENT IN FULL IS DUE** on date of service.

We accept exact cash, debit or credit cards (Visa & Mastercard only)

This office is **SCENT SENSITIVE**. Please refrain from wearing strong perfumes and aftershaves during your visit.

I, (printed name) \_\_\_\_\_ have read and I understand the above policies.

\_\_\_\_\_  
**Patient signature** (or guardian)

\_\_\_\_\_  
**Date**