

APPLICATION FOR CARE AT STUCKEY CHIROPRACTIC

Today's Date: _____

Acct. #: _____

PATIENT DEMOGRAPHICS

Name: _____ Birth Date: ____ - ____ - ____ Age: _____ Male Female
 Name you wish to be called in our office: _____
 Address: _____ City: _____ State: _____ Zip: _____
 E-mail Address: _____ Home Phone: _____
 Mobile Phone: _____ Work Phone: _____
 Employer: _____ Occupation: _____
 Name of Spouse: _____ Spouse's Employer: _____
 Occupation: _____
 Names and Ages of your children: _____
 Name & Number of Emergency Contact: _____ Relationship: _____

HISTORY of COMPLAINT(s)

| | |
|--------------------------|--|
| Primary Problem: _____ | When did problem begin? _____ What relieves your symptom? Rest Ice Heat Movement Stretching Other: _____ What makes your symptom worse? Sitting Standing Walking Sleeping Overuse Other _____ Frequency: Off & On / Constant Does the pain radiate? No / Yes Where? _____ How long does this problem last? _____ # of prior episodes? _____ Type of Pain: Sharp Stabbing Dull Achy Burning Stiff Sore On a scale of 0 to 10 with 10 being the worst and 0 being pain free, rate how you feel today: (Circle the number): 0 1 2 3 4 5 6 7 8 9 10 |
| Secondary Problem: _____ | When did problem begin? _____ What relieves your symptom? Rest Ice Heat Movement Stretching Other: _____ What makes your symptom worse? Sitting Standing Walking Sleeping Overuse Other _____ Frequency: Off & On / Constant Does the pain radiate? No / Yes Where? _____ How long does this problem last? _____ # of prior episodes? _____ Type of Pain: Sharp Stabbing Dull Achy Burning Stiff Sore On a scale of 0 to 10 with 10 being the worst and 0 being pain free, rate how you feel today: (Circle the number): 0 1 2 3 4 5 6 7 8 9 10 |

PLEASE MARK the areas on the Diagram with the following **letters** to describe your symptoms: **R = Radiating B = Burning D = Dull**
A = Aching N = Numbness S = Sharp/ Stabbing T= Tingling

Do your symptoms cause you to feel worse in the AM PM mid-day late PM
 Have these Problems ever been treated by anyone in the past? No Yes

If yes, Who provided: _____

How long ago? _____ **What type of treatment did you receive?** _____

What were the results? Favorable Unfavorable → **If unfavorable please explain:** _____

List any **medications** taken to treat these conditions: _____

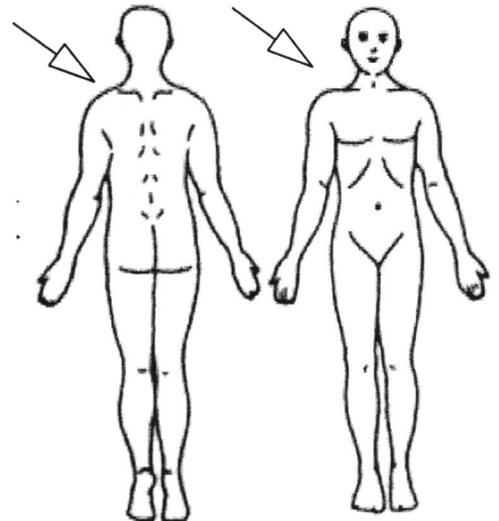
Did they help? No Yes If you still take them how often? _____

Have you ever been under chiropractic care? No Yes

If yes, how long ago: _____ **Name of Previous Chiropractor:** _____

Are any of your problem(s) today the result of ANY **recent accident?** No Yes

If yes, How long ago? _____ **Please explain what type of accident:** _____



PAST HISTORY

1. If you have ever been diagnosed with any of the following conditions please indicate with a **P** for in the **Past**, **C** for **Currently** have and **N** for **Never** have had:

- Heart Attack Dislocations Tumors Stroke Seizure
 Broken Bone Concussion Disability Cancer Rheumatoid Arthritis
 Osteo Arthritis Fracture Diabetes Other _____

2. PLEASE, identify ALL PAST and any unrelated current conditions you feel may be contributing your present problem:

| | HOW LONG AGO | TYPE OF CARE RECEIVED | BY WHOM |
|--------------------|--------------|-----------------------|---------|
| PREVIOUS ACCIDENTS | | | |
| ADULT DISEASES | | | |
| SURGERIES | | | |
| CHILDHOOD DISEASES | | | |

FAMILY HISTORY:

1. Does anyone in your family suffer with the same condition(s)? No Yes **If yes whom:**
- Grandmother Grandfather Mother Father Sister(s) Brother(s) Son(s) Daughter(s)
 I don't know
2. Have they ever been treated for their condition? No Yes
3. Any other hereditary conditions the doctor should be aware of No Yes _____

What health goals do you hope to accomplish in our office?

Short Term: _____
 Long Term: _____

Whom may we thank for referring you into our office today? _____

How do you plan to take care of your charges today? Cash Check Credit Card

For Women Only: Are you pregnant? (circle one) Yes No

Reserved for doctor's use only → Systems reviewed with patient:

- Musculoskeletal
 Neurological

Informed Consent

Chiropractic care, like all forms of health care, while offering considerable benefit, may also provide some level of risk. The types of complications that have been reported secondary to chiropractic care include, sprain/strain injuries, irritation of a disc condition, and - although rare- minor fractures. One of the rarest complications associated with Chiropractic cares (occurring at a rate between one instance per one million to one instance per two million) is a cervical spine (neck) adjustment causing injury to a vertebral artery which could lead to a stroke.

I understand the risks associated with chiropractic spinal adjustments, and the other therapeutic procedures enlisted by the doctor(s) in practice. This form was not signed until all my questions regarding treatment were answered to my complete satisfaction, and I conveyed my understanding of all risks to the doctor. After careful consideration, I do hereby consent to chiropractic care by any means, methods, and or techniques the doctor discussed with me that he/she deems necessary to treat my condition(s) at any time throughout the entire clinical course of my care.

 Patient or Authorized Person's Signature

 Date Completed

Reviewed by: _____
 Reviewer Initials

 Doctors Initials

NAME _____

DATE _____

ACCT.# _____

Rand 36-Item Health Survey 1.0

1. In general, would you say your health is: Excellent Very good Good Fair Poor

2. Compared to 1 year ago, how would you rate your health in general now?

- Much better now than 1 year ago Somewhat better now than 1 year ago About the same
 Somewhat worse now than 1 year ago Much worse now than 1 year ago

The following items are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much?

CIRCLE ONE ON EACH LINE

| | Yes, Limited a lot | Yes, limited a little | No, not limited at all |
|---|--------------------|-----------------------|------------------------|
| 3. Vigorous activities , such as running, lifting heavy Objects, participating in strenuous sports | 1 | 2 | 3 |
| 4. Moderate activities , such as moving a table, pushing a vacuum cleaner, bowling or playing golf | 1 | 2 | 3 |
| 5. Lifting or carrying groceries | 1 | 2 | 3 |
| 6. Climbing several flights of stairs | 1 | 2 | 3 |
| 7. Climbing one flight of stairs | 1 | 2 | 3 |
| 8. Bending, kneeling or stooping | 1 | 2 | 3 |
| 9. Walking more than a mile | 1 | 2 | 3 |
| 10. Walking several blocks | 1 | 2 | 3 |
| 11. Walking one block | 1 | 2 | 3 |
| 12. Bathing or dressing yourself | 1 | 2 | 3 |

During the **past 4 weeks**, have you had any of the following problems with your work or other regular daily activities as a result of your physical health?

- | | | |
|---|-----|----|
| 13. Cut down the amount of time you spend on work or other activities | Yes | No |
| 14. Accomplished less than you would like | Yes | No |
| 15. Were limited in the kind of work or other activities | Yes | No |
| 16. Had difficulty performing the work or other activities (i.e. it took extra effort) | Yes | No |

During the **past 4 weeks**, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)

- | | | |
|--|-----|----|
| 17. Cut down the amount of time you spend on work or other activities | Yes | No |
| 18. Accomplished less than you would like | Yes | No |
| 19. Didn't do work or other activities as carefully as usual | Yes | No |

20. During the **past 4 weeks**, to what extent has your physical health or emotional problems interfered with your normal social activities with family, friends, neighbors or groups? **(Check One)**

- Not at all Slightly Moderately Quite a bit Extremely

21. How much **bodily** pain have you had in the **past 4 weeks?** (Check One)

- None Very mild Mild Moderate Severe Very severe

22. During the **past 4 weeks**, how much did **pain** interfere with your normal work (Including work outside the house and housework) (Check One)

- Not at all Slightly Moderately Quite a bit Extremely

These questions are about how you feel and how things have been with you **during the last 4 weeks**. For each question, please give the 1 answer that comes closest to the way you have been feeling. **How much of the time during the last 4 weeks...**

CIRCLE ONE ON EACH LINE

| All of the time | Most of the time | A good bit of the time | Some of the time | A little of the time | None of the time |
|-----------------|------------------|------------------------|------------------|----------------------|------------------|
|-----------------|------------------|------------------------|------------------|----------------------|------------------|

- | | | | | | | |
|---|---|---|---|---|---|---|
| 23. Did you feel full of pep? | 1 | 2 | 3 | 4 | 5 | 6 |
| 24. Have you been a very nervous person? | 1 | 2 | 3 | 4 | 5 | 6 |
| 25. Have you felt so down in the dumps that nothing could cheer you up? | 1 | 2 | 3 | 4 | 5 | 6 |
| 26. Have you felt calm and peaceful? | 1 | 2 | 3 | 4 | 5 | 6 |
| 27. Did you have a lot of energy? | 1 | 2 | 3 | 4 | 5 | 6 |
| 28. Have you felt downhearted and blue? | 1 | 2 | 3 | 4 | 5 | 6 |
| 29. Did you feel worn out? | 1 | 2 | 3 | 4 | 5 | 6 |
| 30. Have you been a happy person? | 1 | 2 | 3 | 4 | 5 | 6 |
| 31. Did you feel tired? | 1 | 2 | 3 | 4 | 5 | 6 |

32. During the **past 4 weeks**, how much of the time has your **physical health or emotional problems** interfered with your social activities (like visiting with friends, relatives, etc.)?

- All of the time Most of the time Some of the time A little of the time None of the time

How TRUE or FALSE is *each* of the following statements for you?

CIRCLE ONE ON EACH LINE

| Definitely true | Mostly true | Don't know | Mostly false | Definitely false |
|-----------------|-------------|------------|--------------|------------------|
|-----------------|-------------|------------|--------------|------------------|

- | | | | | | |
|---|---|---|---|---|---|
| 33. I seem to get sick a lot easier than other people | 1 | 2 | 3 | 4 | 5 |
| 34. I am as healthy as anybody I know | 1 | 2 | 3 | 4 | 5 |
| 35. I expect my health to get worse. | 1 | 2 | 3 | 4 | 5 |
| 36. My health is excellent | 1 | 2 | 3 | 4 | 5 |

Patient Signature: _____ Date: _____