



Progressive Exam 1

Name: _____

Date: _____

What changes have you noticed since adding chiropractic adjustments to your lifestyle?

What is the “master system” of the body? _____

What percent of the “Master system” can perceive pain? (circle one) 10% 30% 50% 100%

What is the name of the condition where the spinal column chokes the “master system”? (the problem that the Doctor corrects with an adjustment) _____

The birth process is a major cause of subluxation. True or False? (circle one)

Do you receive our monthly office newsletter? If not, enter your email below:

If I miss any appointments I make them up on a different day in the same week (circle one)

Always Usually Never

Do you have any questions for the doctor: _____

I am aware that should I need privacy a private room is always available.

FOR OFFICE USE ONLY

Some or all of the following will be performed to monitor the kinesiopathological, myopathological, histopathological, neuropathological and biochemical components of the vertebral subluxation complex in this patient.

T-L Spine ROM F (110) ____ E (80) ____ R rot (90) ____ L rot (90) ____ R lat (50) ____ L lat (50) ____

Tandem 0 +1 +2 +3 +4 **Rhomberg's** 0 +1 +2 +3 +4 **Schober's** + - **Grip** L ____ R ____

Ant Delt L / R **Post Delt** L / R **Medial Delt** L / R **Calf Girth** L ____ R ____

Biceps L / R **Triceps** L / R

C-T Spine ROM F (90) ____ E (70) ____ R rot (90) ____ L rot (90) ____ R lat (45) ____ L lat (45) ____

Notes: _____

X-Ray: C-Lat ____ C/T-Ap ____ L-lat ____ L/S-AP: ____

BILAT SCALE	
L	R

PALP	ROM	COMP	TRIGGER PT'S
C0	C/S	C0	
C1	FLEX	C1	
C2	EXT	C2	
C3	R-LF	C3	
C4	L-LF	C4	
C5	R-ROT	C5	
C6	L-ROT	C6	
C7	T/S	C7	
T1	FLEX	T1	
T2	EXT	T2	
T3	R-LF	T3	
T4	L-LF	T4	
T5	R-ROT	T5	
T6	L-ROT	T6	
T7	L/S	T7	
T8	FLEX	T8	
T9	EXT	T9	
T10	R-LF	T10	
T11	L-LF	T11	
T12	R-ROT	T12	
L1	L-ROT	L1	
L2	EXT	L2	
L3	R-LF	L3	
L4	L-LF	L4	
L5	R-ROT	L5	
S1	L-ROT	S1	Leg Length