

REAL E-STATE WHITE PAPER SEPTEMBER 2016

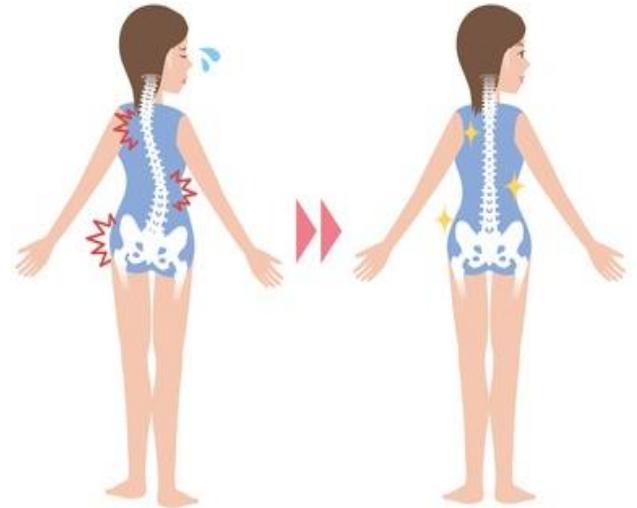
Health is No Longer Based on Symptoms and Disease

Doctor,

This white paper discusses the significance of three definitions of health and their impact on human health and performance. The first was defined and established by the Constitution of the World Health Organization on April 7, 1948. The second was established by the 1994 Journal of Neurological Science, and the third discusses the direct influence of posture on all aspects of health according to the American Journal of Pain Management.

Chiropractic focuses on improving health rather than only treating disease. Attempting to get a patient healthy by treating disease is virtually impossible, and sits as the crux of the current healthcare crisis. Unfortunately, little is being done to combat the current challenges in medicine, with a very small budget and limited resources allocated towards it. But Chiropractors stand in the gap and attempt to bridge the ability for an individual to not only view health differently, but provide care that allows attainment of such.

The science and research have been done to conclude the truth about where health comes from and how one achieves it. This white paper discusses some key aspects of science and research that help prove the importance and vital nature of principle-based healthcare. The following bullets will point out the facts to back up the truth and importance of function-building healthcare and what must be addressed in order to achieve it.



- On April 7, 1948, a new definition of health was created and established by The World Health Organization to lay a new and foundational approach to healthcare.
- The core definition has not been amended since 1948.
- Health is defined as a state of complete physical, mental, and social well-being and not merely the absence of symptoms or disease.
- A correlating finding from the Journal of Neurological Science states that “The quality of healing is directly proportional to the functional capability of the nervous system to send and receive nerve messages.”
- The role of body biomechanics on overall health was explained after looking at the relationship between posture and health.
- According to the American Journal of Pain Management, “posture affects and moderates every physiological function, from breathing to nervous system function, and despite the considerable evidence that posture affects physiology and function, the significant influence of posture on health is not addressed by most physicians.”

Chiropractic need not attempt to convince someone that healing is more than feeling, and the truth speaks for itself and has been proven over and over again. A major challenge exists because the medical profession does not subscribe to or practice according to the true definition of health. But there has never been a better time in history for the truth to be told, practiced, and followed. Chiropractors are some of the only healthcare providers on the planet that practice with a model based on improving function over simply treating symptoms. Since health is about function, and the spine and posture have been proven to play such a significant role in function, Chiropractors see unique results when other approaches have failed. Chiropractors work directly with the nervous system by checking and correcting subtle areas of spinal misalignment and diminished vertebral movement. Every infant, child, and adult deserves access to chiropractic care if they so choose. The largest challenge preventing most people from receiving regular chiropractic care is due to a lack of understanding in the quality and longevity of life benefits achieved through spinal adjustive care.