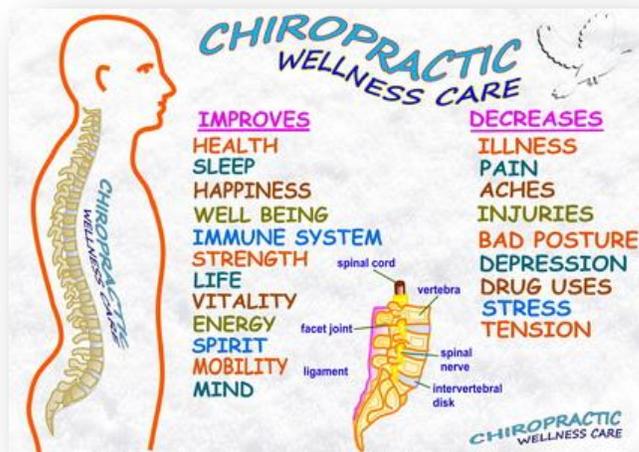


Chiropractic Wellness Nurtures a Pain Free Future

On-Going care produces long term results

Failing to address the importance of human structure and its relationship to gravity proves costly. The current medical model of healthcare in most developed nations unintentionally fails to address this major component of health. Gravity plays a vital role in human function and performance. The human body uniquely functions in a world where gravity directly impacts a person's health. Chiropractors use uniquely specific skills that address spinal structure and biomechanics. **Patients achieve extraordinary results when Chiropractors help unlock the optimal brain and nervous system potential within the body.**



Chiropractic care gained early notoriety for making a positive impact on neck and back symptoms. Up to date science and research established that although Chiropractic care alleviated neck and back pain, the results expanded to a much greater extent. **Consistent Chiropractic visits directly produce benefits in overall organ health, prevention of bone and nerve degeneration, increased range of motion, and injury prevention.** A study published in 2011 evaluated the data from previous scientific literature and come to the conclusion that the best benefits achieved through Chiropractic occur over a longer period of time due to the optimal health influence experienced by the brain, nerves, bones, and soft tissue.

The application of on-going Chiropractic adjustments (with or without the presents of pain symptoms) optimizes spine and nervous system health and function. **Millions of Chiropractic patients all over the world utilize wellness or maintenance care.** Research proved an uncompromising link between Chiropractic maintenance care and the optimized levels of function within the body. Wellness care provides a process of achieving the best possible function and health available.

Science and research prove that unhealthy spinal joint integrity will produce negative short and long-term changes. If a spinal joint loses the ability to move freely, degeneration begins to occur almost immediately. A lack of spinal joint mobility also accompanies neural degeneration, neuroplasticity changes, neural and muscle atrophy, and muscle weakness at an average rate of two to four weeks. A misaligned or improperly moving spinal vertebra produces nerve, bone, and muscle degeneration within two to four weeks as well. The negative reactions occur even without the presence of pain or symptoms. **Regular and consistent Chiropractic adjustments provide the necessary foundation for optimal health and well-being.**

The onset or progression of permanent degenerative nervous system and spinal degeneration occurs with or without the presence of immediate symptoms. An old adage encourages people to proactively invest in an ounce of prevention rather than be subjected to a pound of cure. **Children and adults should be consistently checked for the presence of vertebral subluxation by a Chiropractor on a regular basis. Wellness care not only prevents the deterioration of spine and nervous system health, but also optimizes brain and central nervous system function.** New born infants and adults all experience health by way of the functional capacity of the nervous system. **Chiropractic offers the chance for optimal health to everyone within the community.**

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"A theoretical basis for maintenance spinal manipulative therapy for the chiropractic profession."

David N. Taylor